



# November 11 - 15

| <i>Monday</i>  | <i>Tuesday</i>                               | <i>Wednesday</i>                                    | <i>Thursday</i>                           | <i>Friday</i>                                   |
|--|--|---|---|---|
| Cereal<br>Fruit<br>Milk                                  | Cereal<br>Fruit<br>Milk                      | Cereal<br>Fruit<br>Milk                             | Cereal<br>Fruit<br>Milk                   | Cereal<br>Fruit<br>Milk                         |
| Goldfish<br>Fruit  | Animal Crackers<br>Fruit                     | Ritz Crackers<br>Fruit                              | Graham Crackers<br>Fruit                  | Pretzels<br>Fruit                               |
| Spaghetti<br>w/ Meat Sauce<br>Vegetable<br>Fruit<br>Milk | Mac 'n' Cheese<br>Vegetable<br>Fruit<br>Milk | Chicken Fried Rice<br>w/ Mixed Veg<br>Fruit<br>Milk | Sloppy Joes<br>Vegetable<br>Fruit<br>Milk | Cheese Quesadilla<br>Vegetable<br>Fruit<br>Milk |
| Snack  | Snack  | Snack   | Snack                                     | Snack   |